**Learning Objectives:**

Chapter 1:  Welcome and Introductions:
1. Participants will be able to define a learning cohort and identify other participants in their TTS learning cohort.
2. Participants will be able to identify Coach level of TTS Certification and the steps to obtain their certification.
3. Participants will be able to describe and give examples of how lens changes perspective on poverty.

**Learning Objectives:**

Chapter 2: We Are The Champions
1. Participants will be able to define and describe the role and attributes of a Champion.
2. Participants will be able to identify their own attributes as a Champion for clients, organizations and the communities they are serving.
3. Participants will be able to identify common myths about poverty.
4. Participants will be able to describe and create a TTS MYPLAN.

**Learning Objectives:**

Chapter 3:  Vision, Mission and Goals
1. Participants will be able to explain the TTS Vision.
2. Participants will be able to explain the components of the TTS Mission.
3. Participants will be able to describe poverty as an environmentally based condition that requires treatment.

**Learning Objectives:**

Chapter 4: Raise Your Hand
1. Participants will be able to define the levels and types of poverty.
2. Participants will be able to describe the causes of poverty, the pervasive impact of poverty in sheer numbers, physical consequence and emotional impact.
3. Participants will be able to describe the impact, financially and emotionally of limited resources on decision making.

**Learning Objectives:**

Chapter 5: Knowledge Is Power
1. Participants will be able to recognize person centered care as an approach that promotes the client's strengths and their right to make those decisions that shape their lives.
2. Participants will be able to identify specific approaches to promote a person-centered approach.
3. Participants will recognize and understand stand what culture is and how it is shaped.
4. Participants will identify concrete steps to improve their awareness of their clients' cultural background.

**Learning Objectives:**

Chapter 6: Trauma Informed Care (TIC)

1. Participants will be able to describe Trauma Informed Care principles in relation to poverty.
2. Participants will identify steps / actions to address trauma with their clients.
3. Participants will identify steps for integration of TIC principles into practice.

**Learning Objectives:**

Chapter 7: Motivational Interviewing and Engaging the Customer

1. Participants will be able to describe motivational interviewing as a technique essential to their role as a Champion and Coach.
2. Participants will be able to define motivational interviewing and the 5-phase process for TTS mapping.
3. Participants will be able to apply motivational interviewing skills in practice.

**Learning Objectives:**

Chapter 8: When Hope Meets Opportunity: Map of My Dreams – Phases I - V

1. Participants will have the ability to integrate TTS Map of My Dreams® Workbook into clinical practice.
2. Participants will be able to describe and Coach clients with their TTS Life Area Survey and Mapping Process.

**Learning Objectives:**

Chapter 9: Empowering Clients: Volunteerism and Peer Mentoring

1. Attendees will be able to explain the importance of TTS key evidence based best practices, volunteering and peer mentoring.
2. Attendees will develop strategies to promote volunteerism and peer mentoring opportunities.
3. Attendees will develop strategies to utilize volunteerism as a path to promote CARE Network collaborations.

**Learning Objectives:**

Chapter 10: Responding To Challenges In Practice, Organizations and Community.

1. Attendees will recognize and respond to common client challenges with the TTS process.
2. Attendees will recognize and respond to common organizational and community challenges faced in implementations.
3. Attendees will identify steps to achieve collective impact.

**Learning Objectives:**

Chapter 11: Building Your Organizations CARE Network

1. Attendees will understand and describe the national TTS CARE Network and their role in that network.
2. Attendees will develop a plan for implementation and integration of the CARE Network in practice, organization and community.

**Learning Objectives:**

Chapter 12: Funding For TTS Integration, Technology, Research and Evaluation

1. Participants will be able to differentiate funding types to support TTS.
2. Participants will define funding strategies for their TTS implementation.

**Learning Objectives:**

Chapter 13: Transition To Success Data and Outcomes Integration

1. Participants will begin formulating a plan for integration of TTS related data into practice, organization and community.

**Learning Objectives:**

Chapter 14: MyPlan

1. Participants will develop their of MyPlan for TTS integration into practice, organization and community.
2. Participants will identify key individuals to support their TTS integration.
3. Participants will complete the TTS Coach certification process.

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4. Participants will be able to describe and Coach clients with their TTS Life Area Survey and Mapping Process.

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2. Participants will begin formulating a plan for integration of TTS related data into practice, organization and community.

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4. Participants will develop their of MyPlan for TTS integration into practice, organization and community.
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6. Participants will complete the TTS Coach certification process.

MyPlan Exercise 2.4 – Champions – Advocates in Action
MyPlan Exercise 3.4 – TTS Vision, Mission & Goals
MyPlan Exercise 5.6: Changing the Understanding of Poverty
MyPlan Exercise 6.4 – Trauma Informed Care
MyPlan Exercise 7.3 – Motivational Interviewing
MyPlan Exercise 8.6 – Mapping Dreams
MyPlan Exercise 9.7 – Integration of Volunteerism and Peer Mentoring
MyPlan Exercise 10.7 – Responding To Challenges
MyPlan Exercise 11.4 – Building My TTS CARE Network
MyPlan Exercise 12.2 – TTS Integration into Fund Development
MyPlan Exercise 13.1 – TTS Information and Data Integration

## Glossary of Terms

**Accountability**: An obligation, responsibility and/or willingness to accept responsibility for one's actions or inactions or hold others responsible for their actions or inactions.

**Arizona Self-Sufficiency Matrix (ASSM):** A self-reporting survey tool with 18 specific domain's that assess respondents' exposure to the social determinants of health and economic self-sufficiency. In the Map of My Dreams Client Workbook and Guide the ASSM is referred to as the Life Area Survey.

**CARE Management:** The process of identifying, navigating and accessing all of the good and services that support the client Care Plan.

**CARE Network**: CARE is the acronym for: **C**oordinating **A**ll **R**esources **E**ffectively. CARE Network describes all of the goods, services, and programs that an individual is eligible for across health, human services, government, education and community-based-programs. Organizations trained in Transition To Success are considered in network providers those not yet trained but providing services are also included in the CARE Network.

**CARE Plan**: Plan for **C**oordinating **A**ll **R**esources **E**ffectively for a practical and logical progression of steps to make the change clients want to see and be.

**Champion**: Person who supports and defends a person, cause or  principal even in the face of adversity.

**Collective Impact:** A framework to tackle deeply entrenched and complex social problems. It is an innovative and structured approach to make collaboration work across government, business, philanthropy, nonprofit organizations and communities to achieve significant and lasting social change.

**Continuous Quality Improvement (CQI)**: An approach to quality management that builds upon traditional quality assurance methods by emphasizing the organization and systems: focuses on process rather than the individual; recognizes both internal and external "customers"; promotes the need for objective data to analyze and improve processes.
(Medical University of South Carolina
http://academicdepartments.musc.edu/family_medicine/fm_ruralclerkship/curriculum/cqi.htm )

**Culture:** The shared experiences of a group of people, including their languages, values, customs, beliefs, and more.

**Learning Cohort**: A group of individuals (two or more) with a commitment to champion TTS in partnership with other individuals and organizations.

**Life Area Survey**: A self-reporting survey tool, found in the TTS Map of My Dreams Client Workbook and Guide has 18 specific domains that assess respondents' exposure to social determinants of health and economic self-sufficiency. This tool is also referred to as the Arizona Self-Sufficiency Matrix.

**Map of My Dreams®:** A Transition To Success tool that defines clients' dreams and every area of need and corresponding pathways to achieve that dream.

**Motivational Interviewing (MI)**: An evidence-based counseling approach that is nonjudgmental, non-confrontational and non-adversarial that supports clients as they follow treatment recommendations.

**MYPLAN:** Exercises are focused on your individual roles, responsibilities and vision.  Each MYPLAN exercise defines your plan to actualize your role as a Coach and leader in your Organization.  This framework, once complete, is your initial framework for the TTS implementation design.

**Poverty:**  Determined by the extent to which an individual lacks resources; not just money.

**Social Determinants of Health:**  The social determinants of health are the conditions in which people are born, grow, live, work and age. These circumstances are shaped by the distribution of money, power and resources at global, national and local levels. The social determinants of health are mostly responsible for health inequities - the unfair and avoidable differences in health status seen within and between countries. (*http://www.who.int/social_determinants/sdh_definition/en/*)

**Standard of Care**: Industrywide protocols to treat medical conditions that are continually improved upon based on data and research.

**Traumatic Event**: "An experience that causes physical psychological, emotional distress or harm. It is an event that is perceived and experienced as a threat to one's safety or to the stability of one were ones' world". University of Maryland Medical Center www.umm.edu.

**Trauma Informed Care (TIC)** is an organizational structure and treatment framework that involves understanding, recognizing and responding to all types of trauma.
*SAMHSA: www.traumainformedcareproject.org*

**TTS Center of Excellence (COE)**:  An organization accredited by TTS, LLC that integrates TTS training, principles and practices across their organization and their community.

**TTS Certified Coach**: Certified by TTS, LLC, works directly with clients and community integrating care management, volunteerism, financial literacy and mentoring to support

client dreams and define a direct pathway to improved health and economic self-sufficiency. Coaches are the front line to service delivery and accountability.

**TTS Certified Instructors**: Certified by TTS, LLC at the highest level, TTS instructors are authorized to train TTS trainers, TTS coaches and work directly with clients.

**TTS Certified Trainers**: Authorized by TTS, LLC to train TTS coaches and work directly with clients.