



## **Transition to Success Continuing Education Series**

The following sessions, designed for Transition to Success (TTS) Certified Coaches, Trainers and Instructors is open to other attendees at your discretion. All sessions are web-based and led by Marcella Wilson PhD.

Sessions can be offered in a 60 or 90 minute format. The 90 minute format allows for questions that can include discussion of case experience.

The order of these sessions and any additional topics can be designed specifically to meet your team's needs.

### **Session 1: "Welcome and Introductions: Mapping Our Journey"**

This session overviews TTS goals and objectives and introduces team consulting opportunities and the option for one-on-one consultation. Dr. Wilson leads team member introductions to include their specific role at the agency. The team identifies any specific learning/experiential objectives they would like addressed and all are encouraged to map their own dreams.

### **Session 2: "Poverty Myths"**

This session focuses on identifying and addressing common myths about poverty, the people experiencing poverty and the inherent bias in our poverty system of care. Your team's understanding of the real, environmentally-based causes of poverty and their ability to communicate this to clients is the key to organizational culture shift and client success. Promoting the paradigm shift of understanding poverty is key to transforming the culture of poverty at the clinical, organizational, and community level.

### **Session 3: "Motivational Interviewing: when a client says 'No Thank You'"**

This session focuses on a person-centered approach, meeting clients where they are and respecting boundaries of care.

### **Session 4: "Understanding and Responding to Clients' Behavioral Health and Substance Use Concerns."**

This session focuses on basic skill sets to assess, understand and respond to clients facing mental health and substance abuse challenges. Coaches will learn concrete tactics to immediately deal with suicidal clients. Coaches will also learn referral pathways and challenges for clients seeking to address behavioral health and addiction services. This session is not intended for licensed behavioral health/addiction therapists.



### **Session 5, 6 & 7: “The Life Area Survey (LAS): Integration into Practice”**

These sessions offer a step by step review of the Life Area Survey that includes introducing the LAS to clients, scoring and assessment. All 20 domains and both the client and clinical tools with corresponding Z Codes are reviewed in these sessions.

### **Sessions 8, 9 and 10: “A Coach’s Guide to Mapping Dreams”**

These sessions are designed specifically for TTS Coaches, Trainers and Instructors. In these sessions the team enhances their understanding and gains confidence navigating each and every step of the Map of My Dreams Workbook & Guide with their clients.

### **Session 11: “Compartmentalization”**

This session is focused on assisting practitioners in promoting client success while ensuring healthy limits and protecting their own mental health.

### **Session 12: “Leadership, Management and Coaches’ Roles Building a Collaborative CARE (Coordinating All Resources Effectively) Network”**

As the front line, Coaches learn strategies for holding the delivery system accountable. This includes engaging stakeholders to support the program and helping clients who face poor service and service gaps in your community. Management and leadership’s key role in accountability is examined.

### **Session 13: “Transition to Success Community Forum”**

Introducing Transition to Success to your community of stakeholders promotes engagement and support for your clients, organization and community. One of the keys to our success has been orienting all participants to understand root causes of poverty and your organization’s approach.



### **Additional Information**

- 90-minute sessions allow ample time for discussion throughout. Sessions can also be presented in 60 minutes, with limited time for questions/dialog. With prior approval, sessions can be recorded for staff unavailable for the scheduled session.
- Each session is presented remotely and is accompanied with supporting materials.

### **Fees and Conditions**

- Organizations with available consulting hours in their contracts can access these at services at no additional charge.
- Each session, whether 60 or 90 minutes is \$200.00. If time is limited for questions, Dr. Wilson will respond to all questions electronically following the in-service.
- All sessions include e-copy of accompanying materials.
- Cancellations by organizations received less than 48 hours before the scheduled session will be charged full session rate.
- Host organization shall assign a single point of contact who will be responsible for attendee meeting invites and distribution of program materials.