

# Alameda County Behavioral Health AB 109 Funding Recommendation Fiscal Year 2023-2024

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# Alameda County Behavioral Health Community-Based MH/SUD Providers

## ▶ Annual Funding Recommendations:

- ◆ Recovery Residence Services-\$408,997
- ◆ Mild to Moderate Services-\$1,577,000
- ◆ Felton SMI-\$1,710,354
- ◆ Alameda County Behavioral Health (ACBH)-\$4,483,534



# Recovery Residence Services Total Investment: \$408,997

# Recovery Residences

- ▶ Recovery Residences provide a safe place that supports a client's potential for healthy sober living.
- ▶ These sober living environments support clients by providing treatment, developing a strong support system, and helping achieve full time employment.
- ▶ The residences provide 5-hours of low intensity treatment per week.

# Recovery Residences Objectives

- ▶ Recovery residences assist clients in accomplishing the following goals:
  - ▶ Establish and maintain recovery from substance use and attain stabilization.
  - ▶ Increase self-sufficiency and improve quality of life.
  - ▶ Adopt a voluntarily-maintained lifestyle characterized by sobriety, personal health, and personal responsibility.

# Recovery Residences Services

- ▶ In FY 2021-2022, 338 clients were served by Recovery Residence Services.
- ▶ Currently 117 clients are being served.
- ▶ Program target is 275 clients served per year.





**Mild to Moderate  
Mental Health Case Management Services  
Total Investment: \$1,577,000**

# Mild to Moderate Mental Health Case Management Services

- ▶ A Forensic Assertive Community Treatment model is used to provide reentry case management and treatment for individuals with mild to moderate mental illness who are justice involved.





# Mild to Moderate Mental Health Case Management Services



- ▶ These three-phase programs first stabilize the client, second help the client transition into the community by providing linkages to services; third support the client's sustainability while monitoring for additional support needed.

# Mild to Moderate Mental Health Case Management Services

- ▶ Services started in FY 2020-2021.
- ▶ Over 200 clients have been served since services started.
- ▶ Currently 61 clients are being served.
- ▶ ACBH and ACPD are working closely with Felton and Roots to increase caseloads to 225 clients served a year.



# Mild to Moderate Outcomes

## Quality Measures

Percent of clients who progress through all three Program Model Phase within the designated time period.	52%
Percent of clients who receive two or more mental health services per month in the first three months of enrollment (to be collected by ACBH)	62%
Percent of clients admitted into the program who are retained for at least two months or are transitioned to a more appropriate program	95%
Percent of clients who complete all three phases of the program who have an individualized sustainability plan upon program exit	93%

# Mild to Moderate Outcomes

## Impact Measures

Percent of clients who have a medical home within the first two months of enrollment	95%
Percent of clients who have an appointment with their primary care physician within the first four months of enrollment	58%
Percent of clients who are eligible for Medi-Cal who are enrolled in Medi-Cal within two months on enrollment	63%

**Success: Movement from Incarceration (SMI)  
Intensive Case Management Services  
Total Investment: \$1,710,354**



# SMI Mental Health Case Management

- ▶ Intensive case management services for clients with serious mental illness.
- ▶ Felton staff engage clients multiple times a week.
- ▶ Staff are responsive to client needs including responding during crisis.



# SMI Mental Health Case Management

- ▶ Services started in FY 2020-2021.
- ▶ 140 clients have been served to-date.
- ▶ Currently 67 clients are being served.
- ▶ Program target is 125 clients per year.





# SMI Mental Health Case Management

- ▶ Felton and ACBH are working to expand the scope of SMI services for FY 2023-2024.
- ▶ New scope will include “in-home outreach” model for clients and additional support and consultation to ACPD.
- ▶ Felton SMI is also increasing its staffing to include additional bilingual/bicultural staff and a peer ambassador model to improve client services.



# SMI Mental Health Case Management Outcomes

## Quality Measures

Percent of clients who progress through all three Program Model Phase within the designated time period.	70%
Percent of clients who receive two or more mental health services per month in the first three months of enrollment (to be collected by ACBH)	80%
Percent of clients admitted into the program who are retained for at least two months or are transitioned to a more appropriate program (to be collected by ACBH)	80%
Percent of clients who complete all three phases of the program who have an individualized sustainability plan upon program exit	54%

# SMI Mental Health Case Management Outcomes

Impact Measures	
Percent of clients who have a medical home within the first two months of enrollment	90%
Percent of clients who have an appointment with their primary care physician within the first four months of enrollment	95%
Percent of clients who are eligible for Medi-Cal who are enrolled in Medi-Cal within two months on enrollment	86%

# Alameda County Behavioral Health Mental Health & Substance Use Treatment Services

Total Investment: \$4,483,534

# ACBH Mental Health & SUD Services

- ▶ In FY 21/22, ACBH was able to provide **\$26.0 million of services to AB 109 clients.**
  - ▶ \$14.4 million of Medi-Cal and other revenue.
  - ▶ \$7.1 million in costs are covered by ACBH.
  - ▶ \$4,483,534 million is covered by AB 109 costs.
- ▶ Renewal of the ACBH AB 109 allocation will continue to off-set the costs and ensure AB 109 clients can continue to receive critical services.

# ACBH Mental Health & SUD Services

Investment funds 132 county operated and community-based programs. Services include:

- ▶ In-custody mental health services at Santa Rita Jail
- ▶ Community-based mental health services
- ▶ Out-of-Custody Substance Use Services
- ▶ Case and Care Management
- ▶ Crisis Services
- ▶ Psychiatric emergency in-patient services
- ▶ Crisis residential treatment programs
- ▶ Subacute treatment programs

# ACBH Mental Health & SUD Services

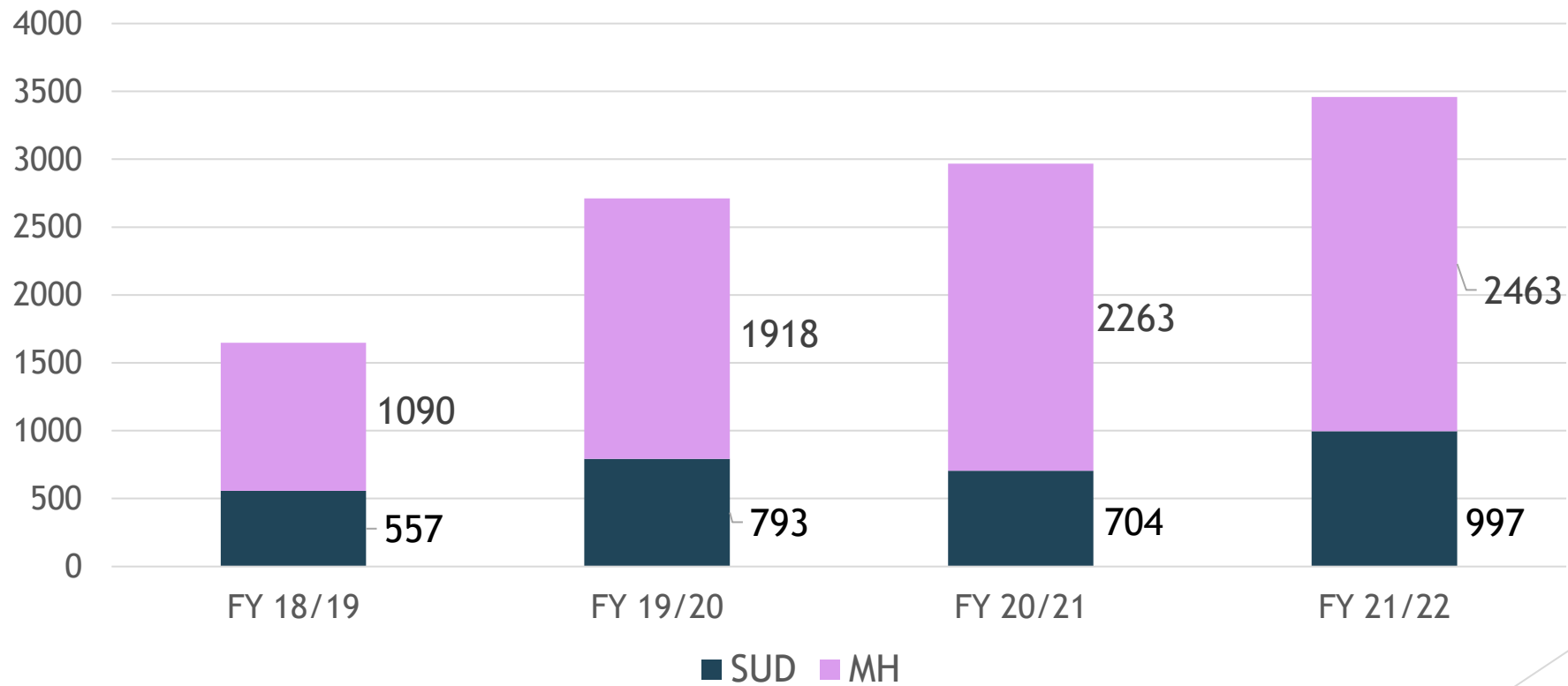
SUD specific services include:

- ▶ Withdrawal Management/Sobering Services
- ▶ Narcotics Treatment Program
- ▶ Outpatient SUD Services
- ▶ Intensive Residential SUD Treatment

# ACBH Mental Health & SUD Services

- ▶ In FY 21-22, ACBH provided 125,325 services to 3,598 AB109 clients.
- ▶ AB109 client mental health service visits increased each of the past two fiscal years from 56,605 in FY 19-20 to 63,384 in FY 21-22.
- ▶ SUD AB109 client visits have seen a slight decrease in visits from 74,929 in FY 19-20 to 61,941 in FY 21-22.

# AB 109 Clients Receiving ACBH Services FY 18/19 to FY 21/22





# ACBH Mental Health & SUD Outcomes

- ▶ After engaging in ACBH mental health services, AB109 clients had substantial declines in incarcerations, and increased engagement in out-of-custody ACBH services and non-emergency primary care.
- ▶ From FY 19-20 through FY 21-22, in the 12-months following initial mental health visit, there was a **21% decline in AB109 clients who were incarcerated.**

# ACBH Mental Health & SUD Outcomes

- ▶ After engaging in ACBH SUD services, AB109 clients had substantial declines in incarcerations, and increased engagement in out-of-custody ACBH, sobering, and non-emergency primary care services.
- ▶ From FY 19-20 through FY 21-22, in the 12-months following their initial SUD visit, there was a **20% decline in individuals who were incarcerated.**

# ACBH Mental Health & SUD Outcomes

- ▶ AB109 clients connected to ACBH intensive outpatient services (e.g., full-service partnerships or treatment teams), also have significant positive outcomes:
  - ▶ 14% decrease in incarceration
  - ▶ 26% decrease in psychiatric hospital admissions
  - ▶ 27% decrease in days in psychiatric hospital days
  - ▶ 20% increase in primary care physical exams

thank  
you

**Alameda County** ac  bh  
**Behavioral Health Care Services**  
MENTAL HEALTH & SUBSTANCE USE SERVICES